



Elect yourself

How to tune out the noise

National 401(k) Day is a great opportunity for you to think about saving for retirement. Investing during an election year can be tough on your nerves, but you'd be wise to consider tuning out the noise and focus on keeping your retirement plan on track.



Three *strategies* for investing in an election year

1

Understand how the election affects the market

Be sure you understand the election's impact—or lack of impact—on your investments. No matter what your political views may be, your best approach is to tune out the noise.

2

Create a retirement plan

It's never too early or late to plan for retirement. In an election year, many of us feel anxious and worried about the future, making it a great time to address your concerns by planning ahead.

3

Stay the course

Your retirement savings plan should have a long-term focus. Understanding what investing looks like during an election year can help you avoid adding emotion into your investing.

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There is no guarantee that any investment strategy will achieve its objectives.

It is your responsibility to select and monitor your investment options to meet your retirement objectives. You should review your investment strategy at least annually. You may also want to consult your own independent investment or tax advisor or legal counsel.

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