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# Helping you thrive in 2025

Hello, are the demands of daily life making it tough to save as much as you'd like for retirement? You're not alone. Forty percent of workers¹ would save more for retirement if they could better manage their financial priorities.

The good news is that even increasing your savings rate in the your plan by as little as 1% can have a positive effect on your savings over time—without having a big impact on your paycheck.

Review your current saving strategy today and use our retirement planner<sup>2</sup> to explore how different saving rates can help bring you closer to your retirement goals. Simply sign in to your account and select **Let's go** on the homepage to get started.

### Save more today

Want more help planning for retirement? You'll find a variety of resources at myplan.johnhancock.com, including calculators, videos, and webinars—all before you sign in.

## John Hancock

1 2024 John Hancock financial resilience and longevity report, a commissioned study. 2 The projected retirement income estimates for your current John Hancock accounts, future contributions, employer contributions (if applicable), and other accounts set aside for retirement used in this calculator are hypothetical, for illustrative purposes only, and do not constitute investment advice. Results are not guaranteed and do not represent the current or future performance of any specific account or investment. Due to market fluctuations and other factors, it is possible that investment objectives may not be met. Investing involves risks, and past performance does not guarantee future results.

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