

Sample for illustration purposes only.



Stay steady during uncertainty



Are the market ups and downs making you reconsider your retirement plan contributions? That's totally understandable. But we've been through this before, so try not to let emotion get in the way of your financial goals. If your budget allows, keep prioritizing your future and think about boosting, not reducing, your savings rate.

Increasing your contribution in your retirement plan by as little as 1% can have a positive effect on your savings over time—without having a big impact on your paycheck.

Not sure how much you should be saving? Our retirement planner can help.¹ Simply sign in to your account and select **Let's go** to get started.

Save more today

Want more tips to help you tune out the noise and focus on your long-term savings? [Sign up](#) for our June 24 webinar.

1 The projected retirement income estimates for your current John Hancock accounts, future contributions, employer contributions (if applicable), and other accounts set aside for retirement used in this calculator are hypothetical, for illustrative purposes only, and do not constitute investment advice. Results are not guaranteed and do not represent the current or future performance of any specific account or investment. Due to market fluctuations and other factors, it is possible that investment objectives may not be met. Investing involves risks, and past performance does not guarantee future results.

There is no guarantee that any investment strategy will achieve its objectives.

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